



Outreach Activity
Family Blessings

a
family
blessing

A Lasting Message for Your Child

Outreach Activity-The Blessing

Option 1

- Read the following slides on explaining what a blessing is and its significance.
- Look at the article, “Why Write a Blessings.” Click on the link below:

<https://www.focusonthefamily.com/parenting/a-written-blessing/>

- Write a blessing for each child in your home during the week or in the future.
- Share the blessing with each child individually.
- Make a special box to hold the blessings and let the children see it.

Option 2

- Read the following slides on explaining what a blessing is and its significance.
- Look at the article, “Why Write a Blessings.” Click on the link below:

<https://www.focusonthefamily.com/parenting/a-written-blessing/>

- Invite the older children to be involved in picking scriptures for the younger children.
- Have the younger children draw a picture to go with the older children’s blessing.
- Read the blessings for family worship.

What is a Blessing?

It is a special message which gives parents the opportunity to bless their children by affirming to them their value in the eyes of their parents and in the eyes of God.

—  —
The love of a family
is life's greatest blessing

The Tradition of the Blessing

There are over 80 blessings found in scripture. Strong biblical support for parents to do it.

A blessing is a spoken or written instrument of God's love given by the Father, Jesus or man to encourage and uplift the receiver.

It fulfills the needs for genuine unconditional love and parental acceptance.

What Blessing Mean?

This special message allows the parents to practice an age-old tradition of combining all the definitions of the English word *blessing* in their public declaration. There are four definitions for the word blessing:

- To make holy
- To invoke divine care
- To confer prosperity or happiness upon
- To speak gratefully

Our focus will be on a special pledge that fortifies the parent-child relationship because it gives the child a strong sense of self-worth and a sense of responsibility to others.

How does it effect the parents?

Writing a blessing reminds parents of the special bond between them and their child.

It can be a time of recommitment to stand by their children as God stands by them in the good times, and in the bad times so will they stand by their children. Also, the blessing places a desire in their hearts to always model the love of God to their children.



Five
Elements of
the Blessing

Am I Giving These Elements to My Child?

1. It is given to the child by reading it to them and giving them the written form.
2. Using appropriate meaningful touch as it is read
3. Attaching high value to the one being blessed
4. Picturing a special future for him or her
5. An active, genuine commitment to help the child fulfill the blessing.



Remember Prayer is Essential
Spend time asking God for guidance
in writing the blessing.

Questions to Inspire Your Blessing

- 1. As you envision your child in the future (in 5, 10, 20, 50 years), what do hope will be true of your child? What are three or four qualities you hope he or she will possess?**
- 2. What does your child's name mean? Why did you choose it?**
- 3. Is there a particular Scripture that is meaningful to you or your child? Why? Could you turn this Scripture into a prayer of blessing for your child?**



Questions Continued

4. What are some qualities your child already exhibits, both positive and negative?

5. What are some significant events from his or her life so far? How can you pray these will be a blessing in his or her life?

6. What are some prayers you've already had for your child? Is there a theme you've prayed over and over again for him?



Remember...

- **Every blessing is different depending on the parent's personality and style.**
- **Blessings may be very formal and long or simple and short.**
- **Blessings can depend upon the age of the child and whether they are written at birth, at an older age or based on a personal experience in the child's life.**

Simple Blessing Format

Making a list of two or three things you especially appreciate about your child and writing them down in the form of a letter on special stationary.



At the bottom of your letter draw or glue a picture of an object or animal which represents, for you, the special qualities of your child. (For example, you may choose a kitten to represent that your child is playful and curious and likes to learn.)

Samples of Blessings

- Click on the highlighted link below and you will be able to read some examples blessings:
- [Writing a Blessing for Your Child](#)
- Remember, there is not right or wrong way to write the blessing!

May this HOME
be firmly built upon
FAITH, held humbly
together by HOPE
and ever lit by the light of
GOD'S LOVE.



Ways of Sharing the Blessing

- The blessing can also be delivered in the form of a video where the parent might read a special text before it is read.
- The blessing could be given to the child alone or with the entire family. Maybe grandparents could be present to validate the words the parents have written for the child.
- Possibly each year or at turning points in the child's life, parents could write it differently with a new scripture because of new personal experiences of the or family.

Remember:
God can build a
child's faith
through your
blessing.

May you and your family will be
blessed by this activity!

