

Crisis Intervention

Pathfinder Honor



How to use this presentation to earn this honor:

Step 1: Download the honor worksheet

Step 2: Read the honor requirement

Step 3: Watch the YouTube video instructions attached to each slide

Step 4: Fill out and submit your worksheet!

Video Instructions

- Since we are currently in a very unique time, and some of the honor requirements may not be possible due to the current pandemic situation, we have come up with some alternative requirement suggestions. Watch the video here:



Honor Worksheets



- Fill out this worksheet and present it to your director to receive your patch. If you are not a member of a Pathfinder club, or if you have any questions about this honor, contact outreachfair@gmail.com.
- English worksheet:
- <https://drive.google.com/open?id=1G66v2IUB-WnNI3WltV6dyJiczskV6XAh>
- Spanish worksheet:
- <https://drive.google.com/open?id=1-M8AD0rGEiRFrF1UvFjq1xvHBHQ5yHlo>

1. This award was originally designed for 10th grade and above. Support from an instructor or parent will be required for younger Pathfinders to complete it safely. Young people should always have adult supervision when working in the community, particularly when the activity is related to a crisis. If you are not yet in 10th grade, please put the name of the adult that assisted you on your worksheet.



2. Choose at least two of the Bible Stories listed on the next slide. Read them from the Bible. To learn more find and watch a video, read a book or poem, or listen to some songs on the topic. Use creative way to explain what the crisis was and how Christ encouraged people in crisis. Some ideas: do a skit and make a video, make a crossword or jigsaw puzzle, write a poem, paint a picture, make a [Word Cloud](#), sing and record one of the songs you found.

Links to the verses are on the next page



a. John 8:1-11

<https://www.biblegateway.com/passage/?search=John+8%3A1-11&version=NKJV>

b. Luke 15:11-32

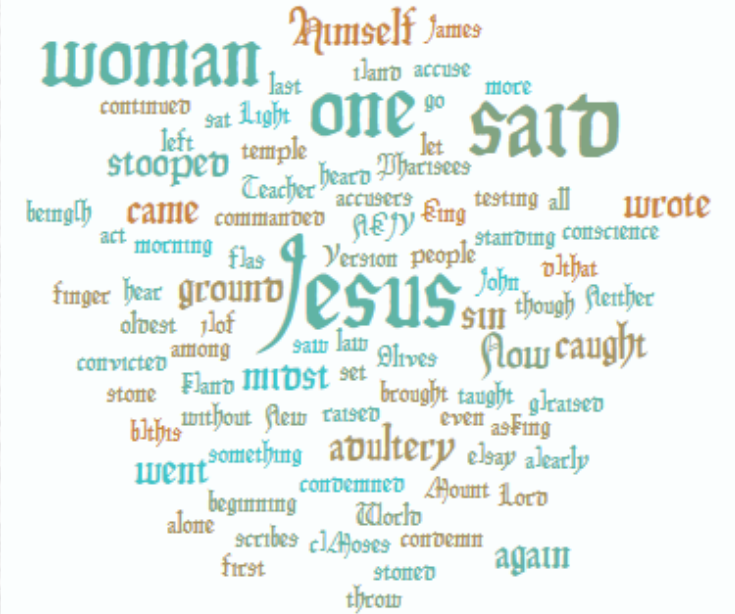
<https://www.biblegateway.com/passage/?search=Luke+15%3A11-32&version=NKJV>

c. Luke 8:40-56

<https://www.biblegateway.com/passage/?search=Luke+8%3A40-56&version=NKJV>

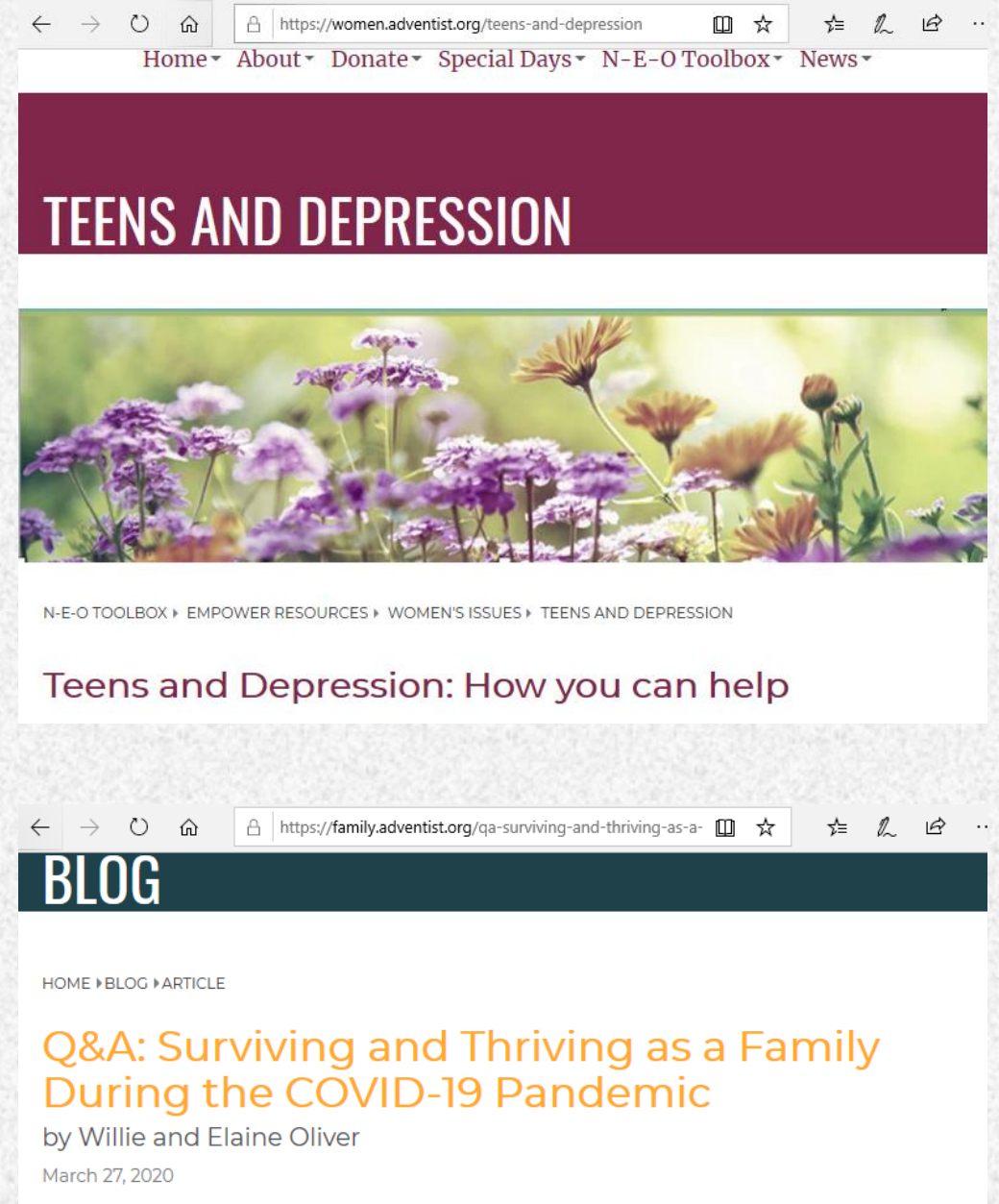
d. Matthew 8:1-22

<https://www.biblegateway.com/passage/?search=Matthew+8%3A1-22&version=NKJV>

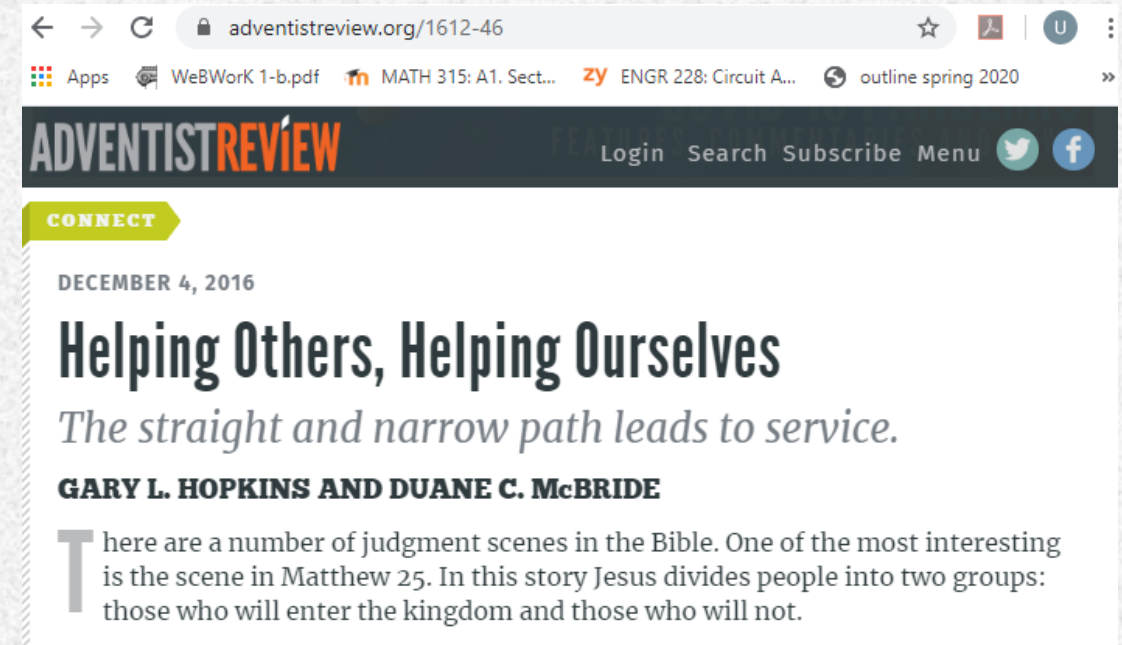


Make it fun: Use the Flip Book Activity from <https://pathfinderstrong.weebly.com/crisis-intervention.html> to organize and record the information you learn

3. Describe some of the human needs and crisis situations that teenagers in your community face today. Describe some of the crisis situations that families face. This may be done in a group discussion setting. Click on the pictures to read the example articles. Find your own articles or share personal experiences.

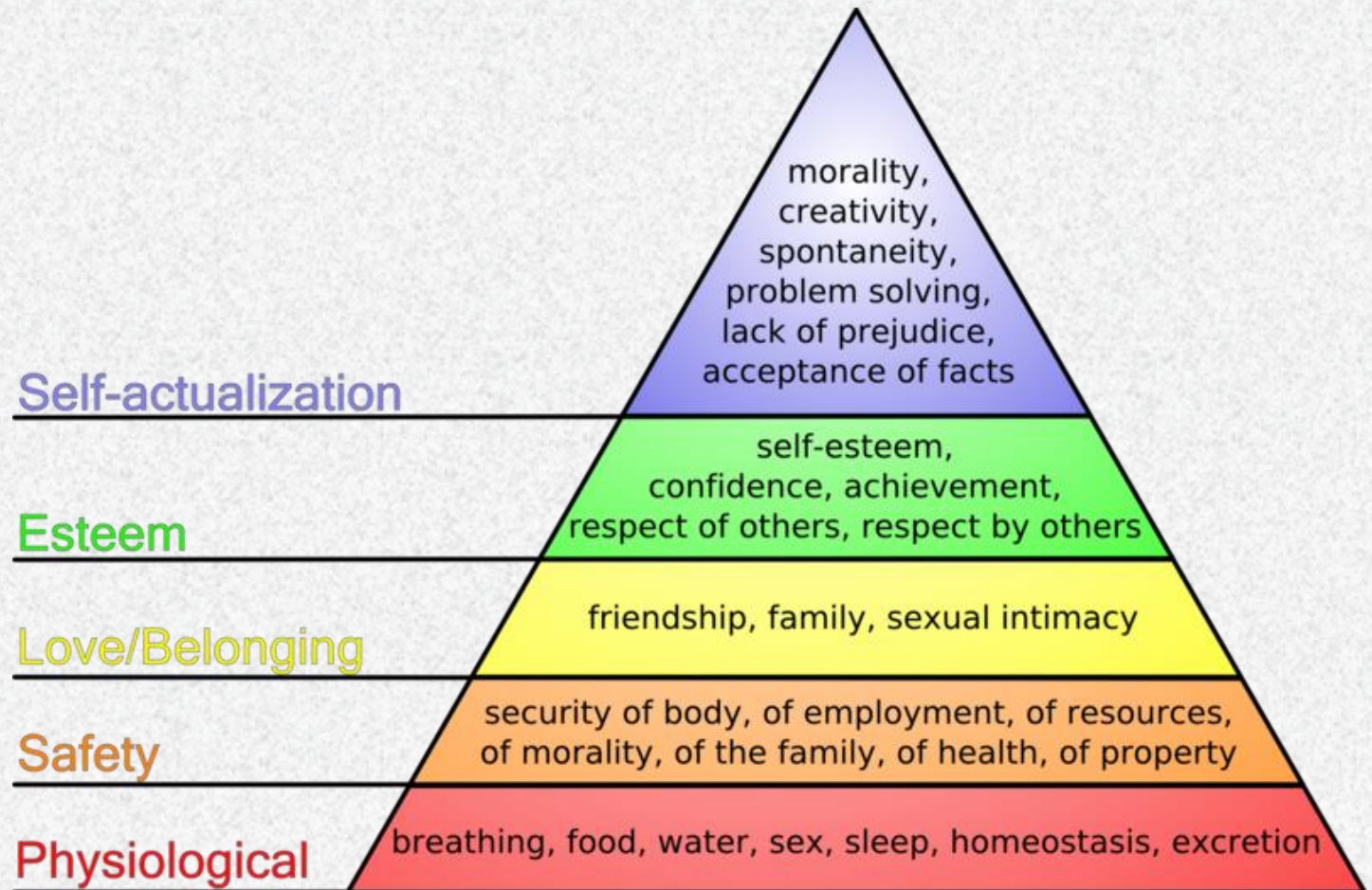


4. Discuss your own motives for wanting to help your friends when they face personal or family crisis. What about strangers? This may be done in a group discussion setting. Click on the picture to read a sample article that might give ideas or look up definitions of “motives”.



5. Describe the types of human needs and give a real-life example of each.

Make it fun: Add more to your Flip Book see instructions at <https://pathfinderstrong.weebly.com/crisis-intervention.html>



6. Read the articles linked below to learn the steps in the crisis intervention process. Explain how you would use the steps in each of the scenarios on the next slide.

Process of Crisis Intervention

<http://dustinkmacdonald.com/six-step-model-crisis-intervention/>

<https://www.counseling.org/Resources/Library/ERIC%20Digests/95-034.pdf>

Make it fun: Print out the resource document for the Flip Book activity and follow the instructions at <https://pathfinderstrong.weebly.com/crisis-intervention.html>



1. One of your friends comes to tell you that they have been hurting themselves, but begs you not to tell anyone.
2. Someone you know recently lost a loved one in a terrible accident, and now they are angry and depressed.
3. You learn that a kid from your church, school, or Pathfinder club is being bullied by a group of older kids.
4. A friend of yours is having a hard time dealing with her parent's divorce and says she has been thinking about hurting herself.

7. Review listening skills by reading an article or book or watching an educational video. Demonstrate a grasp of basic listening skills by conducting an interview of at least 30 minutes duration. This interview must either be observed by an observer who can recognize listening skills, or taped for review by your instructor. The interview does not have to be with a person who is in crisis, but it must be a real conversation not pretend or role-playing.



8. Explain how to make a referral to a professional counselor or pastor.



When your friend is facing a crisis that is too big for you to handle, you need to refer him to someone with professional training. Doing this is *not* abandoning your friend, but rather, recognizing that his problems are beyond your ability to help. There are four steps in making a referral:

Prepare your friend, Before you can prepare your friend, you are going to need a lot of information about the services professional offers and have a concrete understanding of how it can help. Then you need to share that information with your friend. Assure your friend that seeking professional help is not a sign of weakness. Rather, it is often the most effective and least painful path to recovery.

Get your friend's participation, The decision to see a professional belongs to your friend, not to you. Do not pressure your friend into making this decision. It may take some getting used to, and the decision might take a long time to make.

Prepare the professional. Once your friend has decided to see the professional, you should call and talk to them. Do not make the appointment for your friend. Ideally your friend should do that for himself, but if the situation is especially urgent, you might make the appointment for your friend yourself. When you speak to the professional, tell them as much as you are comfortable about the situation, and why you think the referral is important. The more the counselor knows about the problem, the better able he will be to help. Make sure that the things you have told your friend about the professional hold true, and ask if they think they can really help.

Follow up. After your friend's first appointment, ask how it went. You do not need to pry into the details of the session, but you should certainly ask if there is anything you can do to help your friend. Your continued support can help ensure a positive outcome.



The End!



Don't forget to request your patch!

Upload pictures and projects to share here:

<https://photos.app.goo.gl/838xe3X3EwQdCaHZ9>

If you are a member of a Pathfinder club:

Submit your worksheet to your Pathfinder director and ask them to order your patch.

If you are not a member of a Pathfinder club:

Submit your worksheet to outreachfair@gmail.com and request your patch.



Staff and instructor resources:

[http://wiki.pathfindersonline.org/w/Adventist Youth Honors Answer Book/Outreach/Crisis Intervention](http://wiki.pathfindersonline.org/w/Adventist_Youth_Honors_Answer_Book/Outreach/Crisis_Intervention)